



10am Third Sunday Service

Welcome

Grace and peace to you from God.
May he fill you with truth and joy.

All the earth worships you;
they sing praises to your name.

Bless our God, O peoples,
let the sound of his praise be heard.

Truly God has listened;
He has given heed to the words of our prayers.

Blessed be God,
because he has not removed his steadfast love from us.

**Lord, direct our thoughts, teach us to pray,
lift up our hearts to worship you in Spirit and in truth,
through Jesus Christ our Lord. Amen.**

Song 656 *He's got the whole world in his hand*

Words of Penitence and Forgiveness

A moment of silence to reflect on the past week, the things we have done or not done, and the ways in which we have offended God and hurt those around us...

Jesus said, *'Before you offer your gift, go and be reconciled.'* As brothers and sisters in God's family, we come together to ask our Father for forgiveness.
(Matthew 5:24)

**In your mercy,
Bring new life where we are worn and tired**

**Bring new love where we are hard hearted
Bring forgiveness where we have wounded and we feel hurt
Bring the joy and freedom of your Spirit where we are the prisoners of ourselves.**

To all and to each where regret is real,
God pronounces pardon and grants us the opportunity to begin again.
Restore to us the joy of your salvation,
and sustain in us a willing spirit.
Amen.

Collect

Bible Reading 1 Kings 19: 1-18

Hymn 604 *Brother, sister, let me serve you*

Exploration of the theme: [Elijah has had enough!](#)

1 Kings 19: 1-18 – Refreshment, Encouragement, Listening.

Talk – from the lectern, please stay seated.

Outside the North Chapel under Roger de Trumpington: A listening game with short sentences. Listen carefully to what the person sitting next to you whispers so you can pass the message on. Elijah heard God in the quiet. This game reminds us that to hear God in prayer we sometimes have to be quiet and concentrate.

North Chapel - Refreshments

Prayerful reflection in the Chancel: This is a quiet space to think and pray with the images and text provided.

South Chapel

Create a box of encouragement to give to someone who needs to be encouraged. Write a message on a card to put in the box and make some paper flowers. God looked after Elijah when he was tired and in a difficult place. While you are doing this activity give thanks to God for the people who look after you.

After about 20 minutes we come back together to share what we have learned and made.

The Peace

The Peace of the Lord be with you

And also with you.

We offer one another a sign of peace and afterwards sing **845, *The peace of the earth be with you***

Prayer for ourselves and others, concluding with...

The Lord's Prayer

Our Father in heaven

hallowed be your name.

Your kingdom come,

Your will be done

on earth as in heaven.

Give us today our daily bread,

and forgive us our sins

as we forgive those who sin against us.

Lead us not into temptation

but deliver us from evil.

For the kingdom, the power and the glory are yours, now and for ever.

Amen

Affirmation of faith

We stand and say together:

**We believe and trust in God the Father, source of all being and life,
the one for whom we exist.**

**We believe and trust in God the Son who took our human nature,
died for us and rose again.**

**We believe and trust in God the Holy Spirit who gives life to the people of
God and makes Christ known in the world.**

**We believe in one God:
Father, Son and Holy Spirit. Amen.**

Birthdays! If you have recently had a birthday, let us know so that we can celebrate together.

**Happy Birthday to you,
Happy Birthday to you,
God bless you and keep you,
another year through.**

**May the light of Christ shine out in your life, wherever you may be,
all through the coming year. Amen**

Hymn 650, *Great is Thy Faithfulness*

Closing Worship

From where we are to where you need us
Jesus, lead on

From the security of what we know to the adventure of what you will reveal
Jesus, lead on

Because good things have been prepared for those who love God
Jesus, lead on

And the blessing of God almighty, the Father, the Son and the Holy Spirit, be
among you and remain with you always.
Amen.

Thank you for joining us today.

