

ST. MARY & ST. MICHAEL

TRUMPINGTON



THIS WEEK

Sunday 5th July 2020

Trinity 4

SERVICE STREAMING ONLINE; look for details on the website

8am BCP Communion

10am Holy Communion

Romans 7: 15-25a

Matthew 11: 16-19, 25-end

NEXT WEEK

Sunday 12th July 2020

Trinity 5

9am BCP Communion IN

CHURCH (*not via Zoom*)

10.30am Holy Communion ZOOMED FROM CHURCH, accessible from the comfort of your HOME! (*no congregation in church – see note further on*)

Romans 8: 1-11

Matthew 13: 1-9, 18-23

WELCOME!

Please do visit our website www.trumpington.church for more details on the Sunday Services, and for resources to use at home.

Do keep an eye on the church website for a link to the 10am services which we will stream live.

The sermon will be posted on the website each week. Do email the Vicar if you want to receive a copy electronically, or in hard copy.

On behalf of the PCC, my prayers are with you all

God be with us
Mandy

CONTACT DETAILS

Vicar

The Revd Dr Mandy Maxwell
01223 845047, vicar@

Curate

The Revd Diana Johnson
07377 866567, curate@

Church Office

01223 846096, office@

Churchwardens

Sheila Betts
07889 706625, warden@
Edmund Brookes
01223 840374, churchwarden@

Church & Community Families Outreach Worker

Helen Bell, 07413 452701, helen@

Associate Ministers

The Revd Steve Harris, steve@
The Revd Marguerite Roberts, office@

Organist Geoff Symon, organist@

Choir Leader Alan Howard choir@

*Email contacts end with
@trumpington.church*

Please feel free to take this pew-sheet with you

Collect

Gracious Father,
by the obedience of Jesus
you brought salvation to our wayward
world:

draw us into harmony with your will,
that we may find all things restored in
him,

our Saviour Jesus Christ.

Amen

Romans 7.15-25a

¹⁵I do not understand my own actions.
For I do not do what I want, but I do the
very thing I hate. ¹⁶Now if I do what I do
not want, I agree that the law is
good. ¹⁷But in fact it is no longer I that
do it, but sin that dwells within me. ¹⁸For
I know that nothing good dwells within
me, that is, in my flesh. I can will what
is right, but I cannot do it. ¹⁹For I do not
do the good I want, but the evil I do not
want is what I do. ²⁰Now if I do what I
do not want, it is no longer I that do it,
but sin that dwells within me.

²¹ So I find it to be a law that when I
want to do what is good, evil lies close
at hand. ²²For I delight in the law of God
in my inmost self, ²³but I see in my
members another law at war with the
law of my mind, making me captive to
the law of sin that dwells in my
members. ²⁴Wretched man that I am!
Who will rescue me from this body of
death? ²⁵Thanks be to God through
Jesus Christ our Lord!

So then, with my mind I am a slave to
the law of God, but with my flesh I am a
slave to the law of sin.

Matthew 11.16-19, 25-end

¹⁶ 'But to what will I compare this
generation? It is like children sitting in
the market-places and calling to one

another,
¹⁷ "We played the flute for you, and you
did not dance;

we wailed, and you did not mourn."
¹⁸For John came neither eating nor
drinking, and they say, "He has a
demon"; ¹⁹the Son of Man came eating
and drinking, and they say, "Look, a
glutton and a drunkard, a friend of tax-
collectors and sinners!" Yet wisdom is
vindicated by her deeds.'

²⁵ At that time Jesus said, 'I thank you,
Father, Lord of heaven and earth,
because you have hidden these things
from the wise and the intelligent and
have revealed them to infants; ²⁶yes,
Father, for such was your gracious
will. ²⁷All things have been handed over
to me by my Father; and no one knows
the Son except the Father, and no one
knows the Father except the Son and
anyone to whom the Son chooses to
reveal him.

²⁸ 'Come to me, all you that are weary
and are carrying heavy burdens, and I
will give you rest. ²⁹Take my yoke upon
you, and learn from me; for I am gentle
and humble in heart, and you will find
rest for your souls. ³⁰For my yoke is
easy, and my burden is light.'

Post Communion Prayer

Eternal God,
comfort of the afflicted and healer of the
broken,
you have fed us at the table of life and
hope:
teach us the ways of gentleness and
peace,
that all the world may acknowledge
the kingdom of your Son Jesus Christ
our Lord.

Amen

PRAYERS

Please pray for the people carrying the burden of care for others; single-parent families, carers for elderly relatives and friends, professional carers, and those we know who are carrying responsibilities for others. Thank God for the people who have been volunteering to help the most vulnerable in our community. Pray for those who are moving into places where they can receive more care.

This week, please also pray for:

The Government and their advisors as they rescind lock-down and start to plan for the future

Scientists working to produce a vaccine

People who continue to self-isolate

Cambridge Care Home; for staff and residents

Those who work in Addenbrooke's Hospital and Brookfields Hospital; for nurses, GPs and carers known to you

For care workers, people facing unemployment, people on zero hours contracts

For all who work in food production, distribution and those who work in local supermarkets

For families who face the long summer break with few resources

For all who work in our local schools who are engaged in planning for pupils to return

For the work of the Trumpington Community Fridge and those who depend upon it

For equality in the UK and where necessary, reform of institutional structures

Please pray for our return into the church building for public worship; that we can use the experiences from the lock-down period to enhance our worship and deepen our faith.

The Names of people who have requested to be remembered in prayer:

Geoffrey Howard

Muriel Tarrant (who has recently moved into Dunstan Court)

CHURCH NEWS & NOTICES

(Please send any notices to the Church Office by 9am Tuesday)

Church re-opening for private prayer

The church building will be open on Mondays, Wednesdays and Fridays from 12noon till 2pm. It will be

staffed by a steward during these times. Please enter through the

North Door and leave through the door in the chancel. Space for

prayer will, at the moment, be confined to the Chancel.

Thank you for your patience! We will be making adjustments to the opening arrangements so please watch this space...

Please note that visitors will not have access to the Bakehouse toilet.

Church Re-Opening for Public Worship

From July 4th the government has granted permission for public worship to recommence in church buildings. This is accompanied by a raft of regulations in order to minimise the risk of spreading Covid-19.

The following is proposed on Sundays, starting from July 12th:

9am BCP Communion in church (not Zoomed)

10.30 am Communion (Zoomed as per usual, but from church rather than from home). This zoomed service in church will not, for the time being, invite a congregation into the church building.

The Third Sunday Service on July 19 will be zoomed from the home of John Pettigrew, as has been the case previously.

Evening Prayer services will resume in the church building on the Third Sunday at 6.30pm and will not be Zoomed.

For the BCP and Evening Prayer services in the church building there will be hand sanitizer on entry and a clear indication of where to sit in the nave. Participants will be given a 1662 prayer book to keep and bring with them to future services. A record of who attends these services will also be necessary to aid the government track and trace scheme, so please don't worry if we stand by the door requesting your name!

Please note that from July 12th the opening times of the church building for private prayer will change to leave enough time for any trace of the virus to disappear. More on that next week . . .

Edmund's talk on Zoom
'Accessible Hidden Places'
Friday July 3rd, 7.30pm.

Zoom details for joining will be available on the website.

Bring your own snacks and drinks!

HonC! (Hands on the Circle)

A space for pre-school children and their families. We are currently meeting via Zoom. Please join us for Songs, chat and family fun. The next session is on Wednesday July 8th, 10.20-11.20am.

Follow the link on the church homepage: www.trumpington.church

Trumpington Community Food Hub

A new community fridge and food hub has opened at Trumpington Pavilion. Open every Tuesday and Friday noon to 3pm. Distributing food that would otherwise go to waste. Please volunteer, donate food, and spread the word. For more information please contact hello@trumpington.info

Daily Hope

A free national phone line Daily Hope is now available for people who do not have access to the internet. The line will be available 24 hours a day on: 0800 804 8044

Options include Prayer During the Day and Night Prayer, and a recording of the Church of England's weekly national online service.

**Presence:
a space to connect in the now
New Information**

We initially imagined Presence to be a space for whole families to come together, adults and children, to be nurtured.

However, three sessions later, we are now thinking that it is we that need this time - adults, parents, us that give out so much to those with whom we care for every day, that need some time out. Time to reflect, to be still.

Presence draws on, amongst other things, ideas from Christian spirituality, contemplation and mindfulness practices. However, you don't have to believe in anything to come along. It is simply a place to be cared for. To rest.

Zoom details for joining will be on the website home page or contact helen@trumpington.church for more information.

For further information about Presence do have a look at Helen's blog <http://handsonthecircle.blogspot.com/2020/06/a-gentle-whisper.html>

Mailchimp

If you would like to be signed up to our Church and community newsletter, this is the link to use:

<https://church.us13.list-manage.com/subscribe?u=257a088312cec8b1ab6331cad&id=414b72f3f9>

Or, if this is not possible and you would like to join, please can you give Mandy your consent by email, using the email

address that you would like the electronic letter to be sent to. Thank you.