
THIS WEEK

Sunday 31st January 2021

The Fourth Sunday after Epiphany

Jesus heals a man with an unclean spirit

8am BCP Holy Communion on Zoom (join using the button on the website)

10am Holy Communion from Common Worship on zoom (join using the button on the website)

Helen Bryant (training for Lay Reader ministry) will be the preacher at this service.

Readings

Revelation 12: 1-5a; Mark 1: 21-28

BREAKOUT ROOMS

On the 2nd and 4th Sundays there will be 2 breakout rooms; one for children aged 7 and under and one for children aged 8 and over. If your children wish to join either room, please contact Kimberley in the chat at the start of the service so that she can assign you to the correct room. ***Please be logged in by 09:55 to allow Kimberley sufficient time to arrange the breakout rooms.***

NEXT WEEK

Sunday 7th February

2nd before Lent

8am BCP Holy Communion on Zoom (join using the button on the website)

10am All Age Communion on zoom (join using the button on the website).

Readings

8am

Colossians 1: 15-20; John 1: 1-14

10am Luke 2: 22-40 (celebrating Candlemas)

WELCOME

Please do visit our website www.trumpington.church for more details on the Sunday Services, and for resources to use at home.

Do keep an eye on the church website for a link to streamed services

The sermon will be posted on the website each week. Do email the Vicar if you want to receive a copy electronically, or in hard copy.

CONTACT DETAILS

Vicar

The Revd Dr Mandy Maxwell
01223 845047, vicar@

Assistant Priest

The Revd Diana Johnson
07377 866567, curate@

Church Office

01223 846096, office@

Churchwarden

Edmund Brookes
01223 840374, churchwarden@

Associate Ministers

The Revd Marguerite Roberts, office@

Parish Safeguarding Officer

Sheila Betts
07889 706625, safeguarding@

Organist Geoff Symon, organist@

Choir Leader Alan Howard choir@

*Email contacts end with
@trumpington.church*

Collect

God of heaven,
you send the gospel to the ends of the
earth
and your messengers to every nation:
send your Holy Spirit to transform us
by the good news of everlasting life
in Jesus Christ our Lord.

Amen

Revelation 12.1-5a

12A great portent appeared in heaven:
a woman clothed with the sun, with the
moon under her feet, and on her head a
crown of twelve stars. ²She was
pregnant and was crying out in birth
pangs, in the agony of giving
birth. ³Then another portent appeared
in heaven: a great red dragon, with
seven heads and ten horns, and seven
diadems on his heads. ⁴His tail swept
down a third of the stars of heaven and
threw them to the earth. Then the
dragon stood before the woman who
was about to bear a child, so that he
might devour her child as soon as it
was born. ⁵And she gave birth to a son,
a male child, who is to rule all the
nations with a rod of iron. But her child
was snatched away and taken to God
and to his throne;

Mark 1.21-28

21 They went to Capernaum; and when
the sabbath came, he entered the
synagogue and taught. ²²They were
astounded at his teaching, for he taught
them as one having authority, and not
as the scribes. ²³Just then there was in
their synagogue a man with an unclean
spirit, ²⁴and he cried out, 'What have
you to do with us, Jesus of Nazareth?
Have you come to destroy us? I know
who you are, the Holy One of

God.' ²⁵But Jesus rebuked him, saying,
'Be silent, and come out of him!' ²⁶And
the unclean spirit, throwing him into
convulsions and crying with a loud
voice, came out of him. ²⁷They were all
amazed, and they kept on asking one
another, 'What is this? A new
teaching—with authority! He commands
even the unclean spirits, and they obey
him.' ²⁸At once his fame began to
spread throughout the surrounding
region of Galilee.

Post Communion Prayer

Generous Lord,
in word and eucharist we have
proclaimed the mystery of your love:
help us so to live out our days
that we may be signs of your wonders
in the world;
through Jesus Christ our Saviour.

Amen

Filming

Please note that our Zoom services
may capture the image of participants
at the service. If you have any
objections please speak to the
churchwarden or the Vicar.

PRAYERS

A prayer for the week ahead:

Lord God,
You chose to be intimately woven into
the fabric of our earthly lives.
Bless the week ahead.
May its challenges
not overwhelm us,
circumstances
not discourage us,
and in all things
may we remember you are with us,

your love our fuel,
your Word our guide,
your Spirit our help and strength,
today and always.
Amen.

Please continue to pray for...

All who work in the NHS and for those who care for people at home. Remember especially the GP surgeries that are delivering the vaccine and all who work in them.

For school teachers and educators and for parents who are home schooling.

Pray for people in the UK recently affected by flooding.

For people known to us who are housebound or living in residential care.

For people we know who are suffering from chronic illness and those who look after them.

For the wisdom and guidance of the Holy Spirit as we plan for post-covid church.

(Please send other prayer requests to the Vicar)

CHURCH NEWS & NOTICES

(Please send any notices to the Church Office by 9am Tuesday)

Evening Prayer Outside – transferred to church inside on Zoom!

Happening on the 1st and 3rd Thursdays of the month at **7pm**. See the website

for the joining link. **The next service is Thursday 4th February.**

COMMUNITY NEWS & NOTICES

Panther Taxis

Panther Taxis are offering free rides to attend vaccination appointments up to the value of £10. Thereafter, only the excess will be charged. Spread the word!

COS-P groups on zoom

(Although the groups have started it might be worth contacting Helen if you want to join a future group).

A message for all parents in Trumpington!

I am delighted to say that with the support of Cambridgeshire County Council we have just started a Cambridgeshire Hub of the charity Connected Lives - based in Trumpington!!

The aim of the charity is to offer effective, evidence-based support at the earliest stage of key relationships, giving people the skills and understanding they need to build healthy life-giving connections.

We have two Circle of Security parenting courses starting online this month:

Evening Session: starting 19th January at 8.00 - 9.15pm

Morning Session: 28th January at 10.00-11.15am

The group runs for 8 weeks and is a great way to seek mutual support, understand our child's needs better and in being cared for ourselves we know that we will better be able to care for our children.

One parent has said, "It has helped us navigate through toddler-hood together and strengthened our relationship considerably."

The cost of the course is voluntary and there are bursaries available. There is a suggested donation of £100 to cover the costs of running the course, although we are grateful for any contribution that you are able to make, particularly in these more challenging times.

Please get in touch for more information.

Helen.bell@connectedlives.org.uk



School Tech

Thank you to everybody who has generously contributed, the total raised is £2,602.50

Mailchimp

If you would like to be signed up to our Church and community newsletter, this is the link to use:

trumpington.church/newsletter

Or, if this is not possible and you would like to join, please can you give Mandy your consent by email, using the email address that you would like the electronic letter to be sent to. Thank you.

Daily Hope

A free national phoneline Daily Hope, is now available for people who do not have access to the internet. The line will be available 24 hours a day on:

0800 804 8044

Options include Prayer During the Day and Night Prayer, and a recording of the Church of England's weekly national online