February & March 2024

THE TRUMPET

Produced for the whole community of Trumpington by St Mary & St Michael Parish Church



The magazine is delivered free to over 6,000 homes in the Parish Copies are available from the Church and the Bakehouse porch You can also read *The Trumpet* online at *trumpington.church/trumpet*

ST MARY ST MICHAEL

Who's Who

Vicar: The Revd Mandy Maxwell 01223 845047 / stmarystmichael55@gmail.com (*If I am out and about, do leave a message*)

Church Office: The Bakehouse, 1a Grantchester Road, Trumpington CB2 9LH 01223 846096 / admin@trumpington.church Office hours: Monday, Tuesday, Wednesday and Friday, 9am-1pm

Website: https://trumpington.church (in the process of being renewed) Facebook.com/TrumpingtonChurch | Instagram.com/TrumpingtonChurch A Church Near You: https://www.achurchnearyou.com/church/2697/

Current services are listed on page 5, A Church Near You (url above), and the church noticeboard.

The following email@ addresses end in: trumpington.church

Churchwardens:

Edmund Brookes 01223 840374 / churchwarden@ Sheila Betts 07889 706625 / warden@

Parish Safeguarding Officer: Sheila Betts 07889 706625 / safeguarding@

Organist: Geoff Symon 07468 106340 / organist@

Choir Leader: Alan Howard 01223 846096 / choir@

PCC Secretary: Please email the Vicar or admin@

PCC Treasurer: Edmund Brookes 01223 840374 / treasurer@

Electoral Roll Officer: 01223 846096 / admin@

Bellringers, Tower Secretary: Sharon Timpson / bellringers@

Mothers' Union: Stella Chandler 01223 510256 / mothersunion@

The Trumpet

Editor and Artwork: Sheila Betts 07889 706625 / trumpet@ Copy submission and Advertising enquiries: 01223 846096 / admin@ Distribution: Edmund Brookes 01223 840374 / trumpetdelivery@

Cover: A small selection from the many photographs that Stephen Brown took for the cover of The Trumpet between 2012 and 2019. From top left – Glebe Farm play area, King George V playing field, Biomedical Campus from Hobson's Park, revamped path from Clay Farm Drive to Paget Road, Spiderman aka Leyton at a Trump Fest, and the Herons under Braseley Bridge before it was rebuilt.

From the Vicar . . . The New Year

The New Year is always an opportunity for a fresh start. It is God's graciousness that we have days, weeks, months and years, granting us the chance to get up and begin again and do things differently – to acknowledge where we got things wrong and rejoice in the blessings we have enjoyed. The past year was tumultuous in many respects; let's hope 2024 offers avenues into a more settled future both nationally and globally.

I'd like to start this New Year by paying tribute to **Stephen Brown**, who, among other things, proof read *The Trumpet* and supplied its cover photos for many years – we have included some favourites for the cover this time. He designed and planted the churchyard extension in 1992 with the objective of different plants and trees flowering every month of the year and he succeeded. He also strongly limited the number of *In Memoriam* trees to prevent them overtaking the original planting. What a beautiful legacy to leave to the community.

As with everything he did, Stephen was meticulous in his work and a perfectionist. This is perhaps why he was such a highly-regarded plant scientist, working for the Plant Breeding Institute for over 40 years and developing very successful strains of wheat, including the variety 'Consort' after which Consort Avenue is named.

Stephen was a committed member of the congregation of St Mary and St Michael's and, alongside other loyal church members who died in the latter months of 2023 – Jim Merry, Christina Walker and Muriel Tarrant – we thank God for their contribution to the life and ministry of the church.

The steadfast love of the Lord never ceases, his mercies never come to an end; they are new every morning; great is your faithfulness. *Lamentations 3*: 22-23

Mandy

Easter Lilies

As usual, we would like to decorate the church with lilies this Easter. Lilies cost £3-4 each. If you would like to donate towards the flowers in memory of a loved one, please place your donation in an envelope and give it to either of the Churchwardens or post it at the Bakehouse before Wednesday 20 March.

Please include the name of your loved one with your donation and they will be remembered in church at Easter.

From the Parish Registers

Wedding

06/01/2024 Nicholas Laurence Collings & Natalie Rose Waite Funerals

08/12/2023 Lady Christina Jane Walker 19/12/2023 Muriel Edith Davey Tarrant

The Trumpet

February & March 2024

Church Spring Clean Saturday 16 March 9am to 12.30pm



We are dusting off the winter cobwebs and tidying up ready for Easter All volunteers welcome! For more details please email: warden@







The Mum Co

THE MUMCO

If you're around in the daytime on Tuesdays you're welcome to join us for fun and games, refreshments, discussion, creativity and

reflection in the Community Rooms at Trumpington Meadows Primary School at 10am.

We run a creche so you can join us if you have little ones and on alternate weeks there's Stay & Play for bonus time to play and connect.

Things we've done recently include making reuseable cotton bags (kudos to Trumpington Stitchers), Advent wreaths and Christmas decorations as well as enjoying space to breathe a little deeper, hang out together and make friends. This term we're considering delight – think about when you give your child an ice cream with a flake on a warm summer day. Yes, there's a lot of laundry (always in my house), unexciting jobs, chores and dull days but we're thinking about how to find joy in everyday life.

MumCo. with creche 6 & 27 February, 12 & 26 March

13 February, 5 & 19 March

We'd like to thank South Trumpington Parish Meeting for their generous grant this year. For more details follow us on Facebook or get in touch at trumpingtonmops@gmail.com

Our Mothers' Union

Stay & Play

Thank you to those who supported us at the Christmas Tree Festival in church. The white pom-poms in Santa's sleigh for people to take away and make a wish and put on their own trees soon disappeared. I hope those wishes came true.

We enjoyed a lovely morning celebrating the Wave of Prayer together. Praying for our link dioceses and lighting a candle for each of them. Our links are Lusaka in Zambia, Shyogwe in Rwanda, Karimagar in India and Sokoto in Nigeria. We followed this with discussion and lunch together.

On 22 February we will meet at 75 Bishops Road at 2pm for our AGM, which will be followed by a cream tea. We will also discuss our programme for the rest of 2024.

The following meeting will be on 28 March at 2.30pm, which is also Maundy Thursday. The programme has yet to be decided upon but no doubt it will have an Easter theme.

I know we are all looking forward to the lighter evenings and spring bulbs coming through. We pray for those we lost in 2023 and look forward to remembering the happy times we spent with them as we move forward in 2024.

If you would like to find out about joining the Mothers' Union please contact me on 01223 510256 or email mothersunion@trumpington.church Stella Chandler



Services at St Mary & St Michael in February & March

Our 10am Sunday services are zoomed and in-person; other services are in-person only. Find the Zoom link here: https://www.achurchnearyou.com/church/2697/

Sunday 4 February

8.30 BCP Holy Communion10am All Age Communion

Sunday 11 February

8.30am BCP Holy Communion10am Holy Communion & Junior Church

Wednesday 14 February – Ash Wednesday

10am Holy Communion with Ashes

Sunday 18 February – Lent 1

8.30am BCP Holy Communion 10am Experience and Explore

6.30pm BCP Evening Prayer

Sunday 25 February

8.30am BCP Holy Communion10am Holy Communion & Junior Church

A guide to our services

8.30am BCP Holy Communion is from the Book of Common Prayer – a quiet, traditional communion service.

10am Holy Communion is a service using liturgy from Common Worship with hymns and music, and with Junior Church on 2nd and 4th Sundays.

10am All Age Communion is a more contemporary communion service specifically for 'all ages'. There is no Junior Church on this Sunday as the children stay for the service.

10am Third Sunday Experience and

Explore is an informal Service without communion; it includes a talk, a time for personal reflection, activities for all ages and refreshments.

6.30pm BCP Evening Prayer takes place on third Sundays.

Sunday 3 March

8.30am BCP Holy Communion10am No service due to theCambridge Half-Marathon.

Sunday 10 March – Mothering Sunday

8.30am BCP Holy Communion 10am Holy Communion & Junior Church

Sunday 17 March

8.30am BCP Holy Communion 10am Experience and Explore

6.30pm BCP Evening Prayer



Sunday 24 March – Palm Sunday 8.30am BCP Holy Communion 10am Holy Communion & Junior Church

Wednesday 27 March

7.30pm The Way of the Cross

Thursday 28 March – Maundy Thursday 10am Holy Communion

Friday 29 March – Good Friday

Morning Service on Grantchester Meadows, time tbc – see church noticeboard or website for further details 2pm Meditations on the Cross

Sunday 31 March – Easter Sunday

Sunrise Service on Grantchester Meadows, tbc – see church noticeboard or website for further details)

8.30 am BCP Communion 10am All Age Communion Followed by an Egg Hunt

Trumpington Memory Café

Every third Wednesday of the month,10am-12 noon

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Call 01223 840268 to book a place and please give your name(s)

ST MARY 🏠 ST MICHAEL



November was a busy month. Our theme was remembering all those who had died in war. Each member placed a poppy into a sand tray to remember a family member or friend. We shared a few words of remembrance and a two-minute silence. Edmund Brookes gave us a short talk on his time in the TA and the beginnings of the Royal British Legion.

Julie Longland from Waitrose gave a wonderful demonstration on making ceramic flowers, which people could purchase and take home, (see the photos). In December we enjoyed traditional carols led by Antony Warren from Rotary International and three friends. We had a Christmas quiz and a very large raffle to raise money for our funds, and thanked Waitrose for their very generous contributions. Father Christmas visited and gave everyone a lucky dip from his sack. To finish we sang 'The Twelve Days of Christmas' divided into 12 parts. Do get in touch if you want to come along.

Janet Hookham (01223 840268)









February & March 2024

The 2023 Christmas Tree Festival

It was wonderful to welcome so many visitors to the church for this event just before Christmas. We had a stunning collection of beautifully decorated trees and two special Christmas-themed quilts from Cambridge Quilters. Stapleford Flutes treated visitors to an informal concert on the Saturday morning while families enjoyed some time out of the pre-Christmas hustle and bustle to do some craft and enjoy seasonal refreshments, and the afternoon wreath-making workshop was fully booked!

The church was full for the teatime concert by Trumpington Strings. Pieces by Albinoni, Handel and Corelli were followed by a suite from The Nutcracker and the audience joined in with the carols. A retiring collection raised £177.44 for Trumpington Food Hub.

Crafts and refreshments continued on Sunday after the morning services and the weekend concluded with the annual Service of Nine Lessons and Carols, led by the choir. Small prizes were awarded for the trees with the most visitor votes: Stickman by Trumpington Federation Reception classes; Hubbing around the Christmas Tree by Trumpington Kids Clothes Hub; Plane-t-ree by the Phillips family; and Book-tree by Sheila Betts. Donations over the course of the festival raised £205 towards improvements that are being planned for the church building.

A huge thank you to all the volunteers who baked, served refreshments, looked after our visitors, helped set up and clear away afterwards – we couldn't do it without you. If you would like to be involved with an event for Christmas 2024 please get in touch.

Sheila Betts, Churchwarden, warden@trumpington.church





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Community News and Events

Royal British Legion

The 2023 Poppy Appeal and Act of Remembrance seems a long time ago, but this is my first chance to tell our readers just how well Trumpington again did in raising money for the Poppy Appeal. Thanks to everyone's generosity we have raised £19,742.50 to date, with a little money still to be received for wreaths. While this is very slightly less than the record 2022 collection, it is still a magnificent sum in the current challenging financial conditions. and I am extremely grateful not only to everyone who gave, but also to the very loyal band of helpers who assist, especially at Waitrose. We also collect in parts of the Biomedical Campus and Harston.



The Act of Remembrance at the War Memorial on Remembrance Sunday was again very well supported and it was encouraging to see the youth organisations and Trumpington Community College represented. This year there are more wreaths around the Memorial than for many a year, showing that we are still aware of the need to remember and give thanks for all those who enabled us, and enable us still, to enjoy the freedoms we sometimes take for granted in a world where there is so much conflict and hurt. We should not forget, even though it made the news just before Christmas, that for the first time in 40 years, a Royal Naval vessel fired a shot in anger.

Edmund Brookes. RBL. 01223 840374 The Trumpet



VIPS (VERY IMPORTANT PENSIONERS)

• The VIPs are a group run by the pavilion staff, who work with the members of the group to plan their sessions

 Activities range from art, games, general advice, and independent living, to bingo, days out, guizzes and much more.

• We meet every 2nd Wednesday of the month, except August, from 10.30am to 12 noon.

• Everyone welcome: come and meet some new friends, join in with talks and enjoy a cup of tea or coffee and cake.



TRUMPINGTON PAVILION Paget Road, Trumpington CB2 9JF





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New contact details for The Trumpet

With effect from the next issue (April & May) our new parish administrator will be collating copy and photos and also dealing with advertising requests. Copy date for the next issue is Friday 1 March. Please be in touch by email to: admin@trumpington.church

Trumpington Rainbows and Brownies

Trumpington Rainbows had a wonderful evening last term when they were visited by a dog, a cat, a tortoise and a snake. The Rainbows (age 4-7 years) learnt about caring for animals and after completing a challenge at home achieved their Animal Lover badge. They also created a collage garden to celebrate the special things about each of them.



Trumpington Brownies have been working on the Take Action theme from the Girlguiding programme. Activities included positive messaging, how to be a good role model, seasonal eating and recycling. The Brownies (age 7-10 years) also had great fun making a very long paper chain from links on which they'd written the many good turns they'd done recently. Perhaps the best highlight was an outdoor campfire with singing and yummy s'mores! *Lisa MacGregor, shelforddistrict@gmail.com*

The Clay Farm Centre – Happy New Year!

We ended 2023 with a fantastic Christmas event showcasing the amazing talents of some of our regular groups and local crafters. Visitors were also beautifully serenaded by children from Trumpington Community College and Christ Church Choir singing festive carols.

A few of the things happening this spring: **Lego Club** – Thursday afternoons 4pm to 6pm in the Café. No need to book!

Rhyme Time – Continues on Mondays during term time, Toddlers at 10am and Babies at 11am, free and no need to book

Stitching for Charity every Tuesday 10:30am to 12noon in the Café Seniors' Coffee and Cake Computer Club Wednesdays 10am to 12noon Saturday Specials 10am to 12noon- a rotation of Lego, board games and crafting activities in the Café.

Look out for events happening in February half term.

For more information about the Centre and what's going on please pop in and see us, check out our social media pages or contact us on 01223 457232/email clayfarmcentre@ cambridge.gov.uk



February & March 2024

The Trumpet

Trumpington Kids Clothes Hub

Our valiant volunteers have hardly drawn breath! At the last count, we have provided boxes of clothes for 718 children since we started, in addition to which, we have enjoyed many pop-up events, where local families have been able to pick their own clothes.

We are excited to report that the free school uniform rail is now up and running at Trumpington Park

Primary School and is out every day for people to help themselves to whatever they can use. Thanks so much to the school for supporting us in this.

We were able to provide well-stocked rails of seasonal and party wear for the Trumpington Park and Trumpington Meadows/Fawcett schools Christmas fairs, which were well attended and enjoyed by all. The Clay Farm Christmas event was also great fun and saw lots of excited kids running around in Christmas jumpers that they had happily chosen themselves. We were so busy that we almost ran out of stock!

Pick your own pop-up stalls are planned for 9 March, 20 April and 18 May, venues to be confirmed. As usual, we will post updates on our social media pages, so keep a look out!

Once again, our grateful thanks to all our volunteers and supporters, who make it possible for us to keep making a difference.

Remember, if you can't make it to a pop-up, we will gladly pack a box of clothes for you to collect. Just fill in a form online at www.trumpingtonkidsclotheshub.co.uk

TRUMPINGTON STITCHERS

We had a great Christmas, with 40 gingerbread men made from pom poms and sent to their new homes from the Clay Farm Centre Christmas Fair. Our fabulous Christmas tree was on display at the Church, with decorations made by our Tuesday group from curtain rings - we already have plans for the next Christmas Tree Festival!



More workshops for 2024 are being lined up, the latest can be seen in our flyer on the back cover. We look forward to seeing stitchers of all levels of experience and interest at our general Monday evening meetings at the Pavilion 7-9 and our Tuesday morning Stitching for Charity group at Clay Farm library, 10.30-12.

Lots more information, photos and our contact details are on our website https://trumpingtonstitchers.net



Trumpington Local History Group

Our final indoor meeting of the winter will be on Thursday 29 February. The title is 'South-West Trumpington: 5000 Years from Prehistory to Trumpington Meadows', and this will include neolithic and Iron Age archaeology through to the new housing and the country park. An officer from the Wildlife Trust will tell us about the development of the nature reserve. 7pm at the Clay Farm Centre; admission £2.50. All are welcome.

We will, as usual, be organising two or three history-based walks around Trumpington in the summer – watch this space for details.

Our website *trumpingtonlocalhistorygroup.org* has much about our varied history, including new pages about the flora of the railway (now the busway) cutting in the 1980s, and the Trumpington Horticultural & Gardening Society. Use 'search' to find them.

If you would like to be on our email mailing list, or get involved in researching our local history, then please get in touch: *Howard Slatter, Chairman, tlhglist@gmail.com*

Trumpington Federation

Both schools in the Trumpington Federation – Trumpington Meadows and Fawcett – are taking part in the OPAL



TRUMPINGTON FEDERATION

(Outdoor Play and Learning) project. This project involves a transformation of our playgrounds and fields to allow children an exciting range of different activities at playtime - research shows that playtime accounts for 20% of their primary school life so the project will help make this time as beneficial as possible. Since September 2023, we have seen new areas installed: mud kitchens, reading and creative areas, digging zones, scooters and bicycles and even a treehouse! You may even have heard our music area at playtime with children (and even some of the teachers) showing off their dancing skills!

If anyone has any skills or contacts that could help develop the project further, we would be delighted to hear from you. We are always collecting new resources to develop our playgrounds further – you can find these on our Federation X page (@fed_trumpington) or on Instagram (@thetrumpingtonfederation).

Alternatively, please contact either office via 01223 840299 or office@trumpingtonmeadows.cambs.sch.uk or office@fawcett.cambs.sch.uk

Ollie Monro, Head of School, Trumpington Meadows Primary School







Democracy in Action - could you be a local councillor?

Local councils provide many vital services and we all contribute to the cost through local taxes, directly or indirectly. We all want local government to work well, and during lockdown we saw how councils, councillors and volunteers getting together can make extraordinary things happen. Local councillors play an important part in the process, and we need a good range of people to put themselves forward for election. The work is not easy, and it can be very frustrating because money is tight, but it is very satisfying to be able to help our neighbours, help to improve our neighbourhood and help to keep local government well run and responsive.

Cambridge has local elections every year, and whoever is elected on 2 May 2024 will serve on Cambridge City Council. Please scan the QR code for the City Council website, or contact one of your local councillors to find out



about what is involved in being a local councillor. We can also be contacted if you have questions or suggestions about local issues.

Ingrid Flaubertingrid.flaubert@cambridge.gov.ukOlaf Haukolaf.hauk@cambridge.gov.ukDavid Leviendavid.levien@cambridge.gov.ukPhilippa Slattercllr.philippa.slatter@gmail.com



The annual Wassail was held on 14 January with the usual festivities led by the Lord of Misrule, usual folk musicians and a now traditional Wassail dance.

We plan to replace the weather-worn orchard furniture this spring and we are grateful for funding from the Community Chest. We are also grateful to Trumpington Gardening Society who, on winding up their activities, have kindly donated their remaining funds to the Community Orchard. This will enable us to replace both picnic tables in a timely fashion. The new bench and picnic tables will be of Iroko wood like the ring bench in the cherry thicket which has stood the test of time. We will inform our list of volunteers when delivery dates are arranged, so if you have the required skills for assembling garden furniture and would like to help please email us with your contact details.

The last maintenance day of 2023 was well attended, with some new volunteers who have expressed an interest to continue attending the quarterly sessions in 2024. We are also expecting to run a bat walk and a moth day this year with the help of local experts so keep a look out for details on the Orchard noticeboard.

We have again been approached by corporate volunteers and local schools and will continue with both these activities in 2024. You may have noticed the various Wassail posters that were kindly designed by the Leys student volunteers, who continue to help weekly with the various maintenance tasks

Finally, the next Orchard maintenance session will be on 10 March at 11am. Please come prepared with weatherproof clothing and footwear; gloves and tools will be provided.

Hope to see you soon! Contact us: email trumpingtonorchard@yahoo.co.uk Visit: www. trumpingtonorchard.org or call Susanna on: 07722 568020

Thank you from Clay Farm Community Garden

Thank you to all those who have supported our events throughout 2023; and those who have generously donated to the Garden to help us buy supplies and equipment.

And, to all who joined us at our special Thursday Garden party on 14 December, we hope you had fun toasting marshmallows around the firepit; tucking into a Rotisseroll Christmas roast; enjoying a cup of special homemade mulled wine or Emma's (Beanissimo) steaming hot chocolate. The choir of St Mary & St Michael, led by Mandy the vicar sang Carols to put us in Christmas mood, and Gabriella Füzi took family photos in her Christmas grotto and captured the celebrations on camera.



Perhaps you also joined us at the Trumpington Orchard Wassail on 14 January, an established tradition, to toast the fruit trees, and taste their mulled apple juice.

There will be plenty of opportunities in 2024 to visit; give us a hand to keep the Garden blooming and productive; or join one of our events. Visit *clayfarmgarden.org* for info. This year the Thursday food truck visits organised by Clay Farm Food, will start even earlier, in March. We wish you all happy, healthy, and productive 2024.

Trumpington Pavilion

When Trumpington Pavilion was rebuilt by the City Council in 2009, Trumpington Residents' Association took over responsibility for managing the building and the changing rooms and bookings for the football pitches on King George V playing field. This was nearly 10 years before the Clay Farm Centre opened. We have now decided to hand the facilities back to the City Council and from April 2024 the Pavilion will be managed as a branch of the Clay Farm Centre. There will be a smooth hand-over of responsibilities and we look forward to the Pavilion continuing to provide a valued local facility.

Cambridge Flower Club (NAFAS affiliated)

We welcome visitors to our meetings at the Memorial Hall, Mill Lane, Whittlesford CB22 4NE on the third Thursday evenings.

Refreshments from 6.45pm Demonstration at 7.15pm. Membership is £40 pa. Visitors £8 per meeting.

15 FebruaryAGM Annual General Meeting with NAFAS SpeakerBeginning of our 70th anniversary celebrations

21 March Julie Woods: Workshop 'Spring Zing'

New members welcome. For enquiries about joining Cambridge Flower Club please contact Freda Orgee: 01223 891464 or fredaorgee@gmail.com or see 'The Cambridge Flower Club' on Facebook.



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Trumpington Residents Association

We had an excellent talk and discussion with Dr Mike Moore, Chair of CUH NHS Foundation Trust (responsible for Addenbrooke's Hospital), at our members' meeting in November. Our next meetings are on 31 January and the AGM on 27 March. We have continued to actively respond to the construction of Cambridge South Station, including monitoring progress with the work and reviewing the Reserved Matters documents being issued as part of the planning application. We have also continued to respond to the County Council and City Council about the final stages of the work on the housing developments, including the design of the paths and active recreation area around Hobson's Park and links through the Country Park into Trumpington Meadows. See our

website for updates about meetings, other plans for 2024 and membership information:

http://trumpingtonresidentsassociation.org/news Individual membership £5pa; household membership £8pa. *Email: members@trumpingtonresidentsassociation.org*



Trumpington gardening societies, 1893-2023

The history of Trumpington Gardening Society is recorded on the Trumpington Local History Group website, from its beginning in November 1893, when the Trumpington Working Men's Chrysanthemum Show started to be held annually: http://trumpingtonlocalhistorygroup.org/subjects/hortsoc_trugs_history/

Regular TruGS meetings were held until 2011 and since then the Society has been administered by a caretaker group (Edmund Brookes, Wendy Roberts and Pam Stacey), which has arranged coach trips, a couple of meetings and numerous plant sales. However, as no interest has been shown in reigniting the gardening group, in December 2023 it was agreed to wind up TruGS. The Society's remaining funds have been

donated to Trumpington Community Orchard for the replacement of picnic tables.



Wendy Roberts

Patients Group – Clay Farm & Trumpington Street Medical Practice

Our Patient Participation Group were thrilled at the number of people who joined in with giving staff some Christmas cheer with our card trees at both surgeries, to say thanks for all they do for us all year.

Now 2024 is with us, we are attending to our Action Plan for the year. One project we are undertaking is to explore options for creating a Community Car Scheme in the area. We will need volunteer coordinators and drivers to take people to health and wellbeing appointments who find it difficult to use public transport. If you might consider being a volunteer, please get in touch with Carol via our email address below.

To see more about the PPG and what we do, email us at ppg.tsmp@gmail.com or sign up on the website form here: https://www.trumpingtonstreetmedicalpractice.co.uk/ppg-signup







Trumpington Village Hall Your Local Community Centre

Book your group or activity here Contact the Managers (weekday mornings): office@trumpingtonpvh.co.uk or call 01223 847433



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The Wildlife Trust BCN at Trumpington Meadows nature reserve

The rangers at Trumpington Meadows keep records on all species of animal, plant and fungi that we discover, along with sightings sent in by visitors. There have been a couple of recent highlights. During December we were delighted to get our first record of a waxwing, taking the number of birds seen on the reserve to 120! Our moth trap volunteers have recently celebrated a full year of moth trapping – they started their regular weekly group on 26 January 2023, and have since recorded around 1700 individual moths, of 240 species. They voted on their 'Moth of the Year' in December and decided upon the rather lovely and glamorous *Merveille du Jour* (Wonder of the Day).

Species records, whether a random sighting or as part of a monitoring effort, are essential to our work as they help guide how to manage our nature reserve and measure how well we are doing. If you are interested in helping us, please share your sightings on our

Facebook page, or email us (details below). And if you're super keen and have some identification skills, get in touch to see if you might be able to help with our surveys!

Our regular Monthly Meander guided walks continue for 2024 and take place on the second Monday of the month. Join us to look for winter wildlife on 12 February and early spring highlights on 11 March.

We recommend booking for all our events check out our list here:

wildlifebcn.org/events?location term=1868 Email us: TrumpingtonMeadows@wildlifebcn.org or visit Facebook.com/groups/trumpingtonmeadowsNR

Trumpington Food Hub

The Residents' Association continues to run the Food Hub from the Pavilion on Fridays from 12 to 1.30 pm. If you are aware of anyone who is in need of additional help, please let them know about the availability of this local support. The last session before Christmas was exceptionally busy, with 58 users coming through the Food Hub on behalf of over



190 adults and children. We are very grateful for the continued support of the City Council, Cambridge Sustainable Food, local stores, companies and individuals and the great help from our team of volunteers. Also see the flyer on page 27. Food Hub coordinator Smita Botre: foodhub@trumpingtonresidentsassociation.org

Trumpington Physiotherapy Coach House Health Care, Maris Lane CB2 9LG The Complete Electrical Service 01223 340491 / 07879 408796 Local - Experienced - Competitive Nick Smith MCSP HCPC Serving Cambridge & Villages for over 30 years **Chartered Physiotherapist** FREE ESTIMATES Treating musculoskeletal conditions including: Tel: 01223 441111 Hip and groin Neck and back pain Foot and ankle Mob: 07802 887100 Shoulder and elbow Sports injuries Knee E: enquiries@tm-electrical.com nick@trumpingtonphysiotherapy.com www.tm-electrical.com www.trumpingtonphysiotherapy.com -TIM PHILLIPS ALL HUNG UP **Tourist guiding** & Co. Ltd Accountants Independent, specialist service Specialist | Blinds Small Businesses • Self Assessment • Personal Taxation Tracks | Poles | Curtains Supply and Installation Accounts • Bookkeeping VAT • Payroll • CIS • Virtual Accounts Department E: paul@allhungup.uk **Business Advice** • Tax Returns Tax Calculations • Lettings • Higher-Rate Tax Payers **FREE** initial consultation www.allhungup.uk - NO OBLIGATION Easy to find us - map on website a Cambridge Green Badge AND FREE PARKING Cart House, 2 Copley Hill Business Park Cambridge Road, Babraham, Cambridge CB22 3GN T 01223 830044 W www.tpaccounts.co.uk E info@TPaccounts.co.uk MBRIDGE TE COULD YOU HELP DELIVER THE TRUMPET? training@ Volunteers deliver *The Trumpet* to every home in the parish Your friendly neighbourhood tennis club Could you help us to reach all the areas of Trumpington? Coaching for all ages and standards It is just 6 times a year. Off Grantchester Road, Newnham CB3 9FD Please contact Edmund: www.cocksandhens.co.uk 01223 840374 or trumpetdelivery@trumpington.church

Trumpington Bowls Club

The outdoor bowls season will soon be upon us. New members are always welcome, experienced or novice. We are a friendly club, we make no judgements, all are welcome. Our registration evening for 2024 is on Thursday 21 March at 7pm at the Bowls Pavilion. If you are not sure, and need more time to decide, that's fine but, please come along and have a chat with our club captains to see if it might be for you. Our fees are £55 for existing members with a concession of £25 for first time/year members. We do not charge rink fees, while most clubs nowadays charge at least £2.50 each, per game played. Omission of these makes us a reasonably priced club to join.

At present we play in three leagues: Business House Open Division 1, Bowls Cambridgeshire Division 2, and Cambs and District Division 3. Also, some friendly games with other clubs during the season.

Tuition available if needed, so, should you feel this may be the new sport or club for you. Come along, or contact me: Carol Dean, Secretary Trumpington Bowls Club 01223 363 414 / 07962 183 531 / c.dean47@btinternet.com

Being a Tourist Guide is very rewarding, meeting visitors from around the world and responding to their particular interests.

Cambridge is popular with visitors young and old including many international students. For some their only interest is how many photographs they can take (not so good), but try passing a shoe shop and they will be delighted. At one time I even thought guided tours of shoe shops would be a good idea!

Outside Great St Mary's I was asked 'why isn't there a lift up the tower?' It wasn't a child who asked and keeping a straight face wasn't easy! Another question which silenced me - 'I've lost my husband, where did we park our car?' You have to be ready for anything!

All in all, I love being a tourist guide, there is so much to see and talk about in Cambridge. If you like the idea too, a Green Badge course starts in September 2024, with training in the city on Thursday evenings and on Saturdays; it leads to a professional gualification as

Guide, accredited by the Institute of Tourist Guiding. To find out more without any obligation come to the drop-in session on Saturday 10 February, 10 to 12 in the Upper Hall, St Paul's Church, Hills Road, Cambridge, or email

cambridgegreenbadge.org.uk Mary Bligh, Trumpington resident and registered Cambridge Tourist Guide



Electrica

The Trumpet

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Connected Lives: Cambridgeshire Hub

HonC! stay-and-play group at The Clay Farm Centre runs every Wednesday (10am to 11.30am) in term time with toys, craft, baby area, wellbeing singing, yummy cake and a chance to chat.

Feel Good Friday at Trumpington Meadows primary school – all ages welcome!

TM Community Hub continues every Friday in term time, 11.45am-1.45pm, providing lunch; pre-schooler stay and play; wellbeing singing; storytelling; 0-2 free baby clothes; craft; a listening ear for wellbeing and mental health issues; signposting and referrals for financial help, bpha housing issues and Cambridge City food bank.





Parenting course to reboot your relationship with your child(ren) This 8-week course is suitable for parents/carers/grandparents/nannies with children of all ages. The course helps us strengthen our relationship with our child(ren), understand tantrums and anxiety, and enhances everyone's self-esteem. The next course starts on 28 February, 10am to 11.30am at The Clay Farm Centre, with a creche available. Sign-up via the QR code or contact katie.logan@connectedlives.org.uk



BodyMindConnections Sessions

1.5 hour sessions combining pilates (no experience needed) and storytelling; providing opportunities for deeper thinking for parents/ carers. A fun and gentle way to connect more with ourselves and each other. Sign up via the QR code or email helen.bell@connectedlives.org.ul



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The Chatty Café Scheme

The Chatty Café Scheme is at Waitrose Trumpington, every Monday 10-11.30am If you would like to have a chat while you enjoy your coffee or tea at Waitrose, do come and join us on the Chatty Café table. There will be a yellow sign on the table and one of us to welcome you.

The Chatty Café scheme operates across the UK and is the leading charity tackling loneliness.

Find other chatty cafés here: thechattycafescheme.co.uk



Trumpington Food Hub

When are we open? Every Friday except when it falls on a public holiday

> What time? From 12pm to 1.30pm

Where are we? Trumpington Pavilion Paget road, CB2 9JW

Can I donate? All donations are gratefully received and can be dropped off on Friday mornings from 9am





Can I Volunteer? If you would like to help with our food hub in any way please contact the food hub co-ordinator at foodhub@trumpingtonresidentsassociation.org

Comberton Ramblers

Join our friendly group for walks of 5-7 miles on alternate Sundays. Only assistance dogs are allowed on walks.Your first two walks are free then membership is £10 per person per year. For more info contact stella.hardwicke2274@hotmail.com

The Trumpet

Information and articles for possible inclusion in the next issue of this magazine are welcomed and should be emailed to the editor by: Friday 1 March 2024, to admin@trumpington.church

The Trumpet is published by Trumpington Parochial Church Council (Registered Charity No.1139132) (the 'PCC').

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Other Community Groups

Girlguiding Trumpington

Jubilee Room, Village Hall **Rainbows** (age 5-7) Tuesday 5.30pm **Brownies** (age 7-10) Wednesday 6.30pm Join or volunteer at www.girlguiding.org.uk/interested

1st Trumpington Scout Group

Beavers (age 6-8) Wed, Trumpington Meadows School (TMP) or Trumpington Meadows.

Cubs (age 8-10.5) Tue, TMP or Meadows; Wed, Fawcett School. **Scouts** (age 10.5-14) Thu, Fawcett School.

All term-time only. More info or to volunteer email

gsl@1sttrumpingtonscouts.org.uk

Trumpington Allotment Society We manage Foster Road allotments: www.trumpingtonallotments.org

Come and cheer on the runners: Sunday 3 March

St Mary & St Michael will be serving refreshments for supporters from 9.30am in front of the Bakehouse, Grantchester Road, Trumpington (in aid of church funds)



We know just how much our wonderful volunteers can improve a patient's stay at Addenbrooke's or the Rosie hospital.

Volunteers are invaluable to our hospitals. We have opportunities for every age, to come and support your community.

For more information visit: https://volunteering.cuh.org.uk





12 Febru
 Zips

How to remove, replace, insert them. Bring your own item and zip to work on. (To be discussed with tutor in advance.)

4 March

lavers

Strip Quilted Cushion Learn the skills & techniques to make a strip quilted cushion – putting the strips together and sandwiching



• 18 March

Basic Knitting For complete beginners or learn some new stitches and expand your skills.

• 15 April

Make an apron Must have experience using a sewing machine. Pattern and fabric provided.

Booking essential for all workshops
Contact Jackie Covili: jackiec.stitchers@gmail.com
Es charge can be reduced or worked for those on low income – please speak to Jackie
www.trumpingtonstitchers.net

Churchyard Clearance Party Saturday 9 March, 9am to 12.30pm

Do you have an interest in the churchyard?

We will be tidying, flattening and re-seeding grave plots in preparation for the next mowing season. Please note that, as we use contract mowers to maintain a tidy appearance, we strongly discourage planting grave spaces. Maintenance takes time and is costly, and we are obliged to ensure the space is looked after as effectively as possible. The PCC apologises in advance for any

disruption. Scan the QR code for the *Regulations Governing Churchyards in Ely Diocese*.



