THETRUMPET

Produced for the whole community of Trumpington by St Mary & St Michael Parish Church



The magazine is delivered free to over 6,000 homes in the Parish Copies are available from the Church and the Bakehouse porch You can also read *The Trumpet* online at *trumpington.church/trumpet*



Who's Who

Vicar: The Revd Mandy Maxwell 01223 845047 / stmarystmichael55@gmail.com

(If I am out and about, do leave a message)

Church Office: The Bakehouse, 1a Grantchester Road, Trumpington CB2 9LH

01223 846096 / admin@trumpington.church

Office hours: Monday, Tuesday, Wednesday and Friday, 9am-1pm

Website: https://trumpington.church NEW!

Facebook.com/TrumpingtonChurch

A Church Near You: https://www.achurchnearyou.com/church/2697/

Current services are listed on page 5, A Church Near You (url above), and the church

noticeboard.

The following email@ addresses end in: trumpington.church

Churchwardens:

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Sheila Betts 07889 706625 / warden@

Parish Safeguarding Officer: Sheila Betts 07889 706625 / safeguarding@

Organist: Geoff Symon 07468 106340 / organist@

Choir Leader: Alan Howard 01223 846096 / choir@

PCC Secretary: Please email the Vicar or admin@

PCC Treasurer: Edmund Brookes 01223 840374 / treasurer@

Electoral Roll Officer: 01223 846096 / admin@

Bellringers, Tower Secretary: Sharon Timpson / bellringers@

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The Trumpet

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Copy submission and Advertising enquiries: 01223 846096 / admin@ Distribution: Edmund Brookes 01223 840374 / trumpetdelivery@

Cover: Photo taken by Ursula Stubbings at the Blossom Day at Trumpington Community

Orchard, on May Bank Holiday Monday, see page 19 for more about the event.

From the Vicar . . .

On Tuesday 23 April, Sheila Betts was invested with her British Empire Medal at Great St Mary's church in the centre of Cambridge. It was a very memorable occasion. This medal is awarded in recognition of the dedication and hard work provided by individuals for their communities. In the 2023 Birthday Honours list, 322 people across the UK received the British Empire Medal for their contribution to their local area, in the form of charitable work or voluntary activity. Sheila received her medal for her contribution to Girlguiding in Cambridgeshire for over 30 years. It is quite remarkable what Sheila has done over the years; as a Brownie leader, designing logos and badges, nurturing the



development of modern Girlguiding, and being a driving force behind the renovation of the Jarman Centre in Newmarket. I would also like to recognise Sheila's work in the community of Trumpington, for her production of *The Trumpet*, for being secretary of the Trumpington Parochial Charity, for her work as a dedicated churchwarden, and for her skill and efficiency in erecting the gazebo! I am sure that many people will want to join me in thanking Sheila for all she has done and continues to do.

Mandy

The MumCo (our new name for MOPS)

We get together every week in term time, in the Community Rooms at Trumpington Meadows Primary School at 10am. Every other week we have our mum-time, for you to get to know other local mums, try new things, learn a little and have a whole lot of fun. And on the other week, if you've a little one, there's Stay & Play.

MumCo. with creche 11 & 25 June, 9 July Stay & Play 4 & 18 June, 2 & 16 July

And whichever week, there's always a warm welcome and refreshments. Mums - we look forward to catching up!

For more details follow us on Facebook or get in touch at trumpingtonmops@qmail.com





Cleaner for the Church and Bakehouse

We are looking for a weekly cleaner for the Church and the Bakehouse, the office building next door to the church.

If you are interested, please email admin@trumpington.church for further details.



Our Mothers' Union

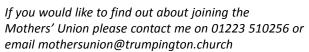
We had a fun afternoon in April talking about our most memorable birthday or outing, finishing up with tea and a birthday cake to continue the birthday theme.

As I write this, we are looking forward to welcoming our speaker Jo Wibberley to our May meeting. She will be telling us about the work at Whitworth House which will be very interesting.

At our meeting on 27 June, we will be planning the arrangements for the August coffee morning. We will meet at 75 Bishops Road at 2.30pm.

We will be having an outing on 25 July to visit Barbara's beautiful and extraordinary garden, where as well as viewing all the wonderful plants we will sit in the sunshine and have refreshments.

The coffee morning will be at 10.30am on 22 August at 75 Bishops Road. Please do come and join us in the garden for a coffee, biscuits and a chat. More information next time.





Songs of Praise: 'Hymns & Pimms' Sunday 23 June at 4pm St Mary & St Michael's Church

We invite you to come and sing your favourite hymns and hear why people have picked the hymns they wanted to sing. We will be serving Pimms and Cake (and an alcohol-free fruit punch).



From the Parish Registers

Baptism

06/04/2024 William Alexander Yeeles and

Shardha Weerasuriyage Millington

Memorial Service and Burial of Ashes

18/04/2024 Pamela Mary Carveth, Trumpington Churchyard

Burial of Ashes

4

26/04/2024 Angela Allin (nee Porter), Shelford Road Cemetery







Services at St Mary & St Michael in June & July

Our 10am Sunday services are in-person and Zoomed; other services are in-person only. You can find the Zoom link here: https://www.achurchnearyou.com/church/2697/

Sunday 2 June

8.30am BCP Holy Communion

10am All Age Holy Communion

Sunday 9 June

8.30am BCP Holy Communion

10am Holy Communion

with Junior Church

Sunday 16 June

8.30am BCP Holy Communion

10am Experience and Explore

Sunday 23 June

8.30am BCP Holy Communion

10am Holy Communion

with Junior Church

4pm Songs of Praise

Come and sing your favourite hymns and hear why people have picked the hymns they wanted to sing, with refreshments

Sunday 30 June

8.30am BCP Holy Communion

10am Holy Communion

Sunday 7 July

8.30am BCP Holy Communion

10am All Age Holy Communion

Sunday 14 July

8.30am BCP Holy Communion

10am Holy Communion

with Junior Church

Sunday 21 July

8.30am BCP Holy Communion

10am Experience and Explore

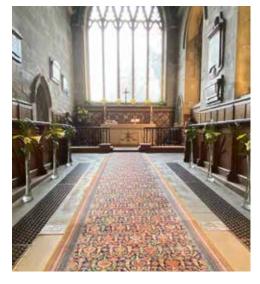
6.30pm Evening Prayer

Sunday 28 July

8.30am BCP Holy Communion

10am Holy Communion

with Junior Church



A guide to our services

8.30am BCP Holy Communion is from the Book of Common Prayer – a guiet, traditional communion service.

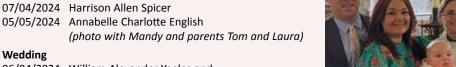
10am Holy Communion is a service using liturgy from Common Worship with hymns and music, and with Junior Church on 2nd and 4th Sundays.

10am All Age Communion is a more contemporary communion service specifically for 'all ages'. There is no Junior Church on this Sunday as the children stay for the service.

10am Third Sunday Experience and

Explore is an informal service without communion; it includes a talk, a time for personal reflection, activities for all ages and refreshments.

6.30pm BCP Evening Prayer takes place on third Sundays.



Trumpington Memory Café

Every third Wednesday of the month,10am-12 noon

A place where people with varying forms of memory loss can visit with their carers and support each other and have fun

The Pavilion, Paget Road, (opposite Anstey Way), Trumpington, Cambridge, CB2 9JF

Call 01223 840268 to book a place and please give your name(s)







Memory Café keeps very busy with six new members these last two months.

In March, Gill from 'Bright Old Sparks' came to talk to us about the books that she has written for people with a memory loss. Gill brought a selection of her books for members to see. That day we also painted a porcelain Easter Duck money box. These were to take home, keep or give to younger family members.

In April we enjoyed an illustrated talk by Duncan Mackay explaining the history of Mackay's ironmongery store on East Road, Cambridge. We had a garden quiz and members coloured various garden flowers and garden equipment to make a lovely college. Each month we also have lots of singing which members enjoy - it is so great to see their happy faces.

Janet Hookham (01223 840268)





Community News and Events

Clay Farm Community Garden in Bloom

If you haven't passed through the garden recently you will not have seen the beautiful colours despite the unseasonable weather.

We are (still) awaiting the completion of the base for the feasting table and the table itself! Nevertheless, plans are afoot to best reorganise the space and plants around the long-delayed installation.



The regular food trucks have been successful, even in the cold and damp weather. Only one visit saw people eating their food in the garden, rather than taking it away to eat in the warm. See the back cover for information about special events in June and July. You can see which food trucks will visit by going to our website https://clayfarmgarden.org/or by joining Clay Farm Food on WhatsApp https://chat.whatsapp.com/ITHDPtfCOlQ86F7vcwy44h

Royal British Legion

I have received a number of positive comments about our article in the last issue of *The Trumpet*, which demonstrates that many of us have an understanding of events many years ago. As this issue lands on your doormat there will be much publicity about the 80th anniversary of 'Operation Overlord', the D-Day Landings, and the press have already shown pictures



of the new and evocative British Normandy Memorial overlooking Gold Beach.

There is less publicity for the parallel yet very long campaign to free Italy. Starting on Sicily and working up through the spine of Italy, perhaps only the Anzio Landings (22 January 1944 onwards) and the battles for Monte Cassino (or the battle for Rome as it is otherwise known) are familiar. However, this was a very long and hard-fought campaign which tied up considerable German resources that would otherwise have been deployed to Normandy, and so indirectly assisted the Normandy Landings. As we commemorate D Day, let us not forget the war in other spheres both in Europe and South East Asia where many members of the Cambridgeshire Regiment were still prisoners of the Japanese for a further 15 months. At least two Trumpington residents, who were members of the congregation at St Mary & St Michael's, were incarcerated in Thailand.

Plans for this year's Poppy Appeal, 26 October to 9 November, are well advanced and Waitrose will again be welcoming us. (We do not collect on Remembrance Sunday, 10 November, to allow everyone to attend their local war memorial.) If you can spare just a couple of hours to help us cover the stand at Waitrose it would be much appreciated; we have 86 slots to fill and have never failed to fill them. Please contact me if you can help!

Edmund Brookes, RBL, 01223 840374



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Webchat

Chat to an adviser on webchat or submit a ticket on our platform on https://www.cambridgecab.org.uk/

Universal Credit Help to Claim

Seeking to make a new claim for Universal Credit? Call our free Help to Claim line on **0800 144 844**



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3rd Trumpington Brownies

The Brownies finished the Be Well Theme Award from the Girlguiding programme last term. A component of the award was a first aid skills builder badge. The Brownies especially enjoyed learning how to put someone in the recovery position. This term

started with making insects from egg boxes. It was amazing how many of them turned out to be poisonous! Later in the term, we'll be having a sleepover, going on a walk and completing a challenge badge about pirates.

Please email shelforddistrict@gmail.com to enquire about Rainbows, Brownies and Guides, or to volunteer. Lisa MacGreaor



Trumpington Local History Group

We will be leading two history-themed guided walks around Trumpington this summer.

On Thursday 13 June we will be visiting 'between the High Street and Hobson's Brook', starting at 7pm in Hobson Square outside the Clay Farm Centre.

On Thursday 27 June, following our meeting in February: we shall visit 'Historic Locations in South West Trumpington', starting at 7pm at Trumpington Pavilion, Paget Road.

Both walks are free to join; just turn up on the day. Further details of both are on our website: trumpingtonlocalhistorygroup.org and select 'Meetings' from the top menu.

You will also see there an outline of our indoor meetings over next autumn and winter. The first of those will be on Tuesday (yes, Tuesday not Thursday) 24 September on 'Trumpington Wildlife: a historical perspective'.

The website also has lots of information about all kinds of aspects of the history of the parish. Just search from the home page.

If you would like to be on our email mailing list, or get involved in researching our local history, then please get in touch:

Howard Slatter, Chairman, tlhglist@gmail.com

Trumpington Pavilion

Trumpington Pavilion has a varied programme of events and activities each week. There's something for everyone with yoga, tai-chi, a memory café, Balkan dance, VIP Seniors' coffee morning, Trumpington Stitchers and a youth club. On Fridays the Food Hub runs from 12 noon to 2pm and food donations are always welcome from 10-11.45am on Friday mornings.



The Pavilion is a lovely space to hire for parties or other private events. If you'd like more information, please contact TrumpingtonPavilion@cambridge.gov.uk

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Trumpington Kids Clothes Hub

We are so pleased to report that the popup stall/3rd birthday party, in April, was an outstanding success! We welcomed around 100 families to choose spring and summer clothes and to party with us. The theme of the party was 'Pants', the aim being to raise funds to buy new underwear and socks, because there's nothing quite as nice as putting on new pants and socks! There was cake, face painting and a tombola stall, with lots of brilliant prizes to be won. The face painting was amazing and



kids and adults alike queued up to have stencils of pants painted on to their faces. The cakes were very popular, too, especially our birthday cake, which was lovingly created by one of our team, complete with a washing line full of clothes!

The cakes, drinks and face painting were free of charge, thanks to our trusty band of volunteers. All the tombola prizes were donated to us and we are immensely grateful to all the local people and companies who supported us so generously, enabling us to raise funds to cover our day-to-day running costs. There were some fabulous prizes and a lot of happy people. We know how to party!

The clothes rails at Fawcett, Trumpington Meadows and Trumpington Park primary schools continue to be popular and we appreciate the support from all three schools. Don't forget to have a look on the rails to see if there is anything that you can use and then just help yourself!

We don't yet have dates for the next pop-up stalls, but we are planning dates in June and July. As usual, we will be posting updates on our social media pages and pinning up posters all over Trumpington. Keep a look out and join us, if you can!

Once again, our grateful thanks to everyone who takes the trouble to pass their preloved clothes on to us, for sorting and re-homing and, of course, to our volunteers who give up their spare time to help out.

Remember, if you can't make it to a pop-up, we will gladly pack a box of clothes for you to collect. Just fill in a form online at www.trumpingtonkidsclotheshub.co.uk

Trumpington Repair Café

The next event will be on Sunday 23 June from 2 to 5pm in the Trumpington Meadows Primary School. We repair items free of charge, but welcome donations which help pay for the next event.

You can book a slot for your item to be repaired using the QR code on the flyer on the back cover, or via https://linktree/trurepcaf

If you would like to join in as a repairer or as a helper, please email us on trumpingtonrepaircafe@gmail.com

New contact details for *The Trumpet*

Emma, our parish administrator, is now collating copy and photos and also dealing with advertising requests.

Copy date for the August & September issue is **Tuesday 2 July**.

Please be in touch by email to: admin@ trumpington.church





Nicki Orton Open Studio

Every full weekend in July, 10-5 94 Alpha Terrace, Trumpington CB2 9HT 07958 130021



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Trumpington Street Medical Practice Social Prescribing

We know that all sorts of problems and challenges can affect our health and wellbeing, which can't be fixed by medical help, or medicine alone. Our Social Prescribing Team is here to help with those issues and connect people to sources of help and support in their community.

You can ask for an appointment with the Social Prescribing Team by contacting the practice, or you can find us at the Trumpington Meadows Community Hub, 11.45am-1.45pm in term-time. The Hub is a community space run by bpha, Connected Lives and Trumpington Street Medical Practice Social Prescribing, where you can find support and friendship, food, play and storytelling. It is open to all ages and you can just drop in, no appointment needed.

We are also supporting Carers Week 10-16 June, which seeks to raise awareness of the pressures on informal (unpaid) carers. The theme for Carers Week this year is 'Putting carers on the map'. If you are a carer and feeling the strain, let us know and we can link you to sources of support.

Contact: trumpingtonstreetmedicalpractice.co.uk Tel: 01223 845185

Trumpington Food Hub

The Trumpington Residents' Association (TRA) has been running Trumpington Food Hub since 2020. The running of the food hub has now been handed over to Cambridge City Foodbank (CCFb) and the food hub will continue to be open at Trumpington Pavilion on Fridays from 12 noon to 1.30pm. Cambridge City Foodbank are extremely grateful to the TRA for all their help with the handover and the hard work they have put into running the food hub to date, as well as to the team of volunteers and ongoing supporters of the hub.

If you are aware of anyone who is in need of help, please let them know about the continued availability of this local support. The food hub is free and no referral is needed.

Please contact info@ccfb.org.uk for more details or if you would like to support the hub. Jenny Bright

Cambridge Flower Club (NAFAS affiliated) – 2024: our 70th Anniversary

We welcome visitors to our meetings at the Memorial Hall, Mill Lane, Whittlesford CB22 4NE on the third Thursday evenings.

Refreshments from 6.45pm Demonstration at 7.15pm. Membership £40 pa. Visitors £9 per meeting.

19 June Members 70th Anniversary Afternoon Tea at Girton College

18 July Doreen Robinson Demonstration 'Fen Scape'

15 August OPEN MEETING with National Demonstrator Coral Gardiner

'Put your Garden on a Pedestal'

Further information from Freda Orgee 01223 891464 or fredaorgee@gmail.com

SUMMER 2024 WOULD YOU LIKE TO BE INVOLVED?

Active Families event Tuesday 30th July 10-2 Trumpington King George V playing field

(Looking for local sport/dance groups to share their groups with the community)

Contact carrie.holbrooke@cambridge.gov.uk



National Play Day Community Fun Day Wednesday 7th August 4-7pm Trumpington Pavilion

Calling all community groups and organisations
Join us by showing the community
what's going on in the Trumpington area.
Please bring a 'play' themed activity/game to share

"Family Create" Monday 12th August 1-4pm The Clay Farm Centre



Can you or your group provide a creative skill or activity to share with the families of Trumpington? We are looking to add value to the Community development team's resources.

Sewing? Planting? Creative Writing? Messy Art?

Holiday Lunches
Various dates across the
summer school holidays

Could you add value to the Clay Farm Centre's holiday lunch programme by adding an activity?

Would your group like to host a holiday lunch at the Village Hall? If yes, please get in touch.

For more details please contact kelly.smith@cambridge.gov.uk



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MAYBE TRY OUT A NEW SKILL?
LISTEN TO A TALK? BE ENTERTAINED?
JUST HAVE A CUPPA?

Upcoming dates: Wednesdays 12th June and 10th July For more information please contact kelly.smith@cambridge.gov.uk



Trumpington Residents Association (TRA)

The Trumpington Residents' Association was founded in 1992. For over thirty years we have worked to maintain and improve the quality of life of local residents and make Trumpington a better place for the future.



There are two main strands to the Association's activities. One is to lobby local councils, public bodies and businesses, and to respond to consultations in order to secure the best possible outcome for facilities and services for Trumpington. The other is to organise events which will bring our community together in common activities, helping to realise our vision of 'one Trumpington'.

We also have regular members' meetings, often with guest speakers, which provide members with the opportunity to hear updates and to discuss topics of local concern. Our 31 July meeting will be a members' social; 25 September we will have a normal discussion meeting - details are sent to members by email.

Membership of the Association is open to all residents of Trumpington, whether you own or rent. We welcome new members and look forward to your involvement. Membership costs £5 a year for individual members and £8 a year for a household.

If you are interested in joining, please complete the TRA membership form online: trumpingtonresidentsassociation.org/tra or email the Membership Secretary: members@trumpingtonresidentsassociation.org

Cambridge Open Studios - July Arts Festival

Cambridge Open Studios, a thriving community of more than 500 artists, is celebrating its 50th anniversary with the launch of its biggest and best ever July Open Studios Art Festival.

The organisation, which is one of the oldest artist-run open studio initiatives in the country, is hosting the famous festival every weekend in July (6-7, 13-14, 20-21, 27-28).

Throughout the month, art collectors and members of the public alike, will have the opportunity to gain behind-the-scenes access to

hundreds of working studios, browse unique art works, witness and participate in live demonstrations, tutorials and workshops, and buy exclusive pieces of art directly from more than 350 artists across Cambridge, Ely, Saffron Walden and the surrounding villages.

Caroline Wilks, an artist in Trumpington who specialises in acrylic paintings and prints, inspired by nature and the architecture around East Anglia, will be exhibiting at her address 5 Avalon Way, Trumpington, CB2 9DX on 6-7 and 20-21 July. She can't wait to meet new and returning visitors to talk about painting.

To find out more, visit: https://camopenstudios.org



Plan of Trumpington Parish



Trumpington Federation

If you walk your dog near our schools, you may have seen some children from the Trumpington Federation out in the woods, possibly around a campfire! This year we have significantly expanded our Forest School provision so that all children have the opportunity to take part – they take the opportunity to interact with the natural environment and learn new skills, take sensible risks and work together. The classes may build shelters, develop rope bridges and swings, learn how to make fires safely and identify nature around them. Often, there are snacks involved as well! Both schools – Trumpington Meadows and Fawcett have dedicated forest school staff and areas on site, and children report that this is a part of their school week that they particularly enjoy!

The Trumpington Federation is looking for enthusiastic people to join our governing body! If you are interested in making a difference, please get in touch by emailing the chair of governors (chair@trufed.org.uk), who can give you



Support, care, inspire. Make a difference.









Zeskanuj kod QR, oby uzyskoć więcej informacji na temat zostania rodzicem gubernatora بى مسح رمز الاستجابة السريعة ضويًا مصول على مزيد من المطومات حول أن تصبح حاكمًا للآباء Veli vali aima hakkanda dah fazka bilgi için kitlen QR kadunu tarayın

We need volunteers to help us make a positive difference in the lives of young people in our local community as a school governor. No matter what your background, age, or experience you can become a school governor. Please contact clerk@trufed.org.uk or scan the QR code for more information.



Growing and learning together

further information about the position, or call the school office on 01223 840299 (choose either option!). Whatever your background or experience, we would be interested in hearing from you!

Ollie Monro, Head of School, Trumpington Meadows Primary School

Trumpington Community Orchard

The Orchard is now in full bloom with most of the apple trees, the hedgerow and quince tree laden with beautiful blossom, which we celebrated with Blossom Day on May Bank Holiday Monday. We had finger painting and bug hunts, as well as stomping folk music led by the Lord of Misrule Nigel P (his belated Wassail) and a Blossom Dance led by our resident Orchard choreographer Ursula S. Visitors noticed the smart new picnic tables, thanks to some sterling work by the able and willing team of local AstraZeneca volunteers. In keeping with the sustainability ethos of the Orchard, the old benches and picnic table have been repurposed as raised beds and planted with soft fruit bushes, which should complement the Herb Garden, which is now regularly used by many local residents. Once again, we are grateful for the generous and timely funding from the Trumpington Garden Society that enabled us to replace the aged furniture. The furniture project is a clear illustration of what the local community can achieve working together, autonomously.

Flowers are starting to appear in the wildflower meadow and we hope it will be in full flower by early summer to sustain the local insect population. Unfortunately, the wild swarm that had been resident in the observational beehive succumbed to some predatory wasps when trying to re-establish its colony after the usual winter reduction in







numbers. However, this does give us a chance to clean out the hive and maybe add some additional frames to accommodate more honeycombs for a new swarm in the summer.

On the accommodation front, all the bird and bat boxes on the orchard are fully occupied and the local sparrows are again nesting in all the boxes of the swift tower as we have hopefully outwitted the delinquent squirrel(s). At the time of writing this, we anxiously await the return of our visiting swifts and as some sightings have been reported in Rutland, we hope that our previous nesting pairs and their offspring will be with us soon.

We are often asked about the possibility of nest cameras for a Trumpington Springwatch but this is currently beyond our expertise and finance, so if there are any budding, hands-on technocrats out there, we would be glad to explore possibilities.

The next Orchard Maintenance session will be from 11-1pm on Sunday 9 June. Please wear weatherproof clothing and footwear and we will provide gloves and necessary tools. We would particularly welcome volunteers willing to play a more active role in the organisation and maintenance of the Orchard to make it a truly community-based effort and secure its long-term future.

Hope to see you soon! Contact us: email trumpingtonorchard@yahoo.co.uk Visit: www. trumpingtonorchard.org or call Susanna on: 07722 568020

The Clay Farm Centre

We have lots going on here at The Clay Farm Centre this summer! We have some special activities planned in the summer holidays as well as our usual Lego Club in the café every Thursday afternoon.

Our Saturday Specials are always popular and will continue throughout the summer. Depending on the week either Lego, crafts, or board games are available in the café 10am-12 noon each Saturday for everyone to use.

On Saturday 8 June there will be eco-crafts to coincide with Green Libraries Week. Bring along some household recycling e.g. empty toilet rolls and plastic bottles, and see what fun things can be made out of them.



Preparations for the Summer Reading Challenge are underway! Sign-Up Saturday is on 13 July with the Challenge beginning the following Saturday 20 July. The free Summer Reading Challenge encourages children to read 6 books across the school holidays and rewards each with stickers, activities and, if completed, a medal and a certificate.

We are also looking for 'Marvellous Makers' volunteers to help with the Summer Reading Challenge. Have a look at the flyer on the back cover: the closing date for applications is Saturday 8 June.

For more information about the Centre and our regular events visit our social media pages, call us on 01223 457232 or email clayfarmcentre@cambridge.gov.uk













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Trumpington Strings

Trumpington Strings is a small string orchestra, which meets at Denis Wilson Court, Porson Road CB2 8ES. Members are from all age groups. This year we are focusing on performing an afternoon concert at Denis Wilson Court in the autumn. There is no fee to join and the concerts are either free, or entry by donation towards local charities.

We perform music from the standard string orchestra repertoire plus a few more modern items or sing-along material for care home concerts. We are looking for more members, ideally fairly advanced, and violinists in particular. We are a friendly group and enjoy playing together. Rehearsals are currently held on Sundays, 2 to 4.30pm with a tea break, at Denis Wilson Court (weekly or fortnightly depending on players' availability).

The musical director is Gillian Ruddick, teacher of violin and viola, formerly founder/director of Nova Strings in New Zealand, with a Cambridge University degree in music and Licentiate diplomas in violin and viola (Trinity College).

If you are interested please contact Edwina (edwina.e.clark@gmail.com) indicating what sort of orchestral experience you have

Trumpington Stitchers

We had a great time making bunnies with families at Clay Farm Centre at Easter and we are now planning summer and Christmas(!) activities, so watch this space. Our summer workshops are detailed right - sign up soon, they book up fast.

As ever, we look forward to seeing stitchers of all levels of experience and interest at our general Monday evening meetings at the Pavilion 7-9 and our Tuesday morning Stitching for Charity group at Clay Farm library, 10.30am to 12 noon.

Lots more information, photos and our contact details are on our website: trumpingtonstitchers.net



Introducing a new city councillor for Trumpington

Following elections in May, Trumpington residents who pay their council tax to Cambridge City have a new city councillor, Nadya Lokhmotova.

Nadva has lived in Trumpington Meadows since 2014 and works as an architect, specialising in designing sustainable buildings. With a teenage son, a baby daughter and her mother as part of the household she and her husband have a practical interest in local services for children, young people and seniors.

She joins the team of local councillors: nadya.lokhmotova@cambridge.gov.uk ingrid.flaubert@cambridge.gov.uk olaf.hauk@cambridge.gov.uk cllr.philippa.slatter@gmail.com

You can also meet us face to face at drop-in advice sessions in community venues such the Clay Farm library, or by appointment.

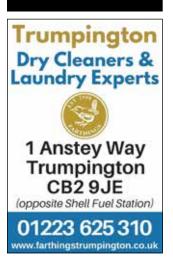
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Connected Lives: Cambridgeshire Hub

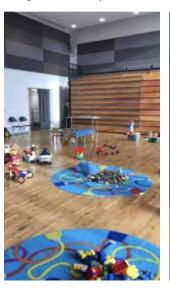
'Helping relationships thrive' is our charity's strapline – and it is a delight to see relationships deepening in Trumpington and beyond, and the many connections that are being made in our community.

We offer safe, brave spaces for relationships of all kinds to be made and strengthened. We are keen to get to know you when things are going well in your life, as well as when there are struggles. We offer welcome baby boxes to families with a new baby including gifts for the whole family – we would love to celebrate a new arrival with you!



Connected Lives

You can join us at one of our weekly community groups, or join us on a course to look at things more in depth.





Weekly Community Groups

HonC! Hands on the Circle stay-and-play group for families with babies and pre-school age children. 10 – 11.30am at Clay Farm Centre. Free play, baby area, homemade cake, singing, refreshments and supportive conversation. No need to book.

Trumpington Meadows Community Hub Fridays (check our website for times) in the community rooms at Trumpington Meadows Primary School. A three-way partnership between Connected Lives, bpha and Social Prescribers. Free good quality baby clothes, stay-and-play, storytelling, signposting and mental health support. Something for everyone of all ages. Just turn up.

In-depth courses

Circle of Security Parenting groups run over 8 weeks and provide a chance to reflect more deeply on your parenting journey. Suitable for parents/careers of any age – babies/children/teens. Trained facilitators help you discover how to strengthen the relationships with the most important people in your life. Creche provided for in-person groups.

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BodyMindConnection session A combination of storytelling and yoga, pilates and relaxation for parents/ carers. No prior experience is necessary. Our next session is Saturday 8 June 10 to 11.30am at The Pavilion. Join us to play, relax and fill your emotional cup so you can return to your family feeling refreshed and more able to meet their emotional needs.



It's our sixth birthday!!

HonC! will be turning six on Wednesday 5 June. Bring a favourite dish from your home country to share, as we celebrate the ways in which our charity has found its feet over the past few years. There will be face painting, summer craft activities and our usual range of toys for babies and children.

Our ongoing work is only possible through the hard work of local volunteers, grant funding and the commitment of our wider team. If you would like to contribute to our work on a one-off or ongoing basis, either individually or as part of an organization, we would love to hear from you.

To find out more about Connected Lives visit connectedlives.org.uk/cambridgeshire-hub Email katie.logan@connectedlives.org.uk or helen.bell@connectedlives.org.uk

Trumpington Park School – CERC Pycassos triumph in STEM innovation

In our regional community, the Cambridge Engineering and Robotics Club (CERC) shines as a beacon of opportunity for young minds, dedicated to fostering a love for STEM subjects among children aged 7 to 12.

On 16 January the Department of Engineering at the University of Cambridge hosted the IET First Lego League Challenge Cambridge tournament, welcoming over 135 aspiring innovators. Thirteen teams vied for a chance to advance to the national finals, where the CERC Pycassos team demonstrated exceptional skill, clinching the title of regional

champions in Cambridge.
Among the talented
participants were Harrish
and Niel from Trumpington
Park Primary School, who
collaborated with their peers
on robot design, coding,
and an inventive project
using Virtual Reality to offer
immersive art and museum
experiences for the elderly.

This year's First Lego League Challenge theme, 'Masterpiece', explores the intersection of art and STEM. Participants delved



27



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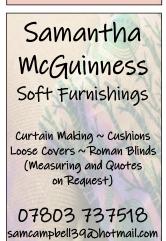


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into how people's artistic passion intertwines with science, technology, engineering, and mathematics. Together, they engaged in creativity, collaboration, and communication, fostering a rich learning experience.

If you're interested in joining our CERC clubs or STEM activities, please visit our website at https://camcare.org.uk/cerc/

Arthur Rank Hospice Charity

Have you signed up to the Cambridge Charity Walk?

Star Shine Night Walk is a 5 or 10 mile walk around the streets of Cambridge at night and returns this year on Saturday 22 June 2024, bringing together hundreds of people from the local community. You can walk in memory of a loved one, or enjoy a fun challenging walk whilst raising funds for people supported by Arthur Rank Hospice Charity.

As the sun sets over Cambridge on one of the longest days, you will set off, from 7pm, from Shelford Rugby Club.

Support people in Cambridgeshire living with an advanced serious illness or other life-limiting condition by signing up at www. arhc.org.uk/ssnw now.

Please share with your family and friends.



Sawston Open Gardens 2024

Five of Sawston's finest gardens open their gates to the public on Sunday 7 July, to help raise funds for the National Garden Scheme (ngs) and the important nursing and caring charities they support. There are four very different private gardens plus the well-known Mary Challis Garden. The gardens are open from 1 to 5 pm. Collect a map at the first garden you visit. The entrance fee of £6 covers all gardens, children free. Enjoy homemade tea and cakes at the Mary Challis Garden 1.30 to 4.30 pm, plus plants for sale.

The Co-op car park in the centre of the village is conveniently located but restricted to 3 hours. Enquiries: Mike Redshaw 01223 834511 or miredshaw@hotmail.co.uk







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The Chatty Café Scheme

The Chatty Café Scheme is at Waitrose Trumpington, every Monday 10-11.30am If you would like to have a chat while you enjoy your coffee or tea at Waitrose, do come and join us on the Chatty Café table. There will be a yellow sign on the table and one of us to welcome you.

The Chatty Café scheme operates across the UK and is the leading charity tackling loneliness.

Find other chatty cafés here: thechattycafescheme.co.uk







Comberton Ramblers

Join our friendly group for walks of 5-7 miles on alternate Sundays. Only assistance dogs are allowed on walks. Your first two walks are free then membership is £10 per person per year.

For more info contact stella.hardwicke2274@hotmail.com



The Trumpet

Information and articles for possible inclusion in the next issue of this magazine are welcomed and should be emailed to the editor by: Tuesday 2 July 2024, to admin@trumpington.church

The Trumpet is published by Trumpington Parochial Church Council (Registered Charity No.1139132) (the 'PCC').

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Other Community Groups

Girlguiding Trumpington
Jubilee Room, Village Hall
Rainbows (age 5-7) Tuesday 5.30pm
Brownies (age 7-10) Wednesday 6.30pm
Join or volunteer at
www.girlguiding.org.uk/interested

1st Trumpington Scout Group

Beavers (age 6-8) Wed, Trumpington Meadows School (TMP) or Trumpington Meadows.

Cubs (age 8-10.5) Tue, TMP or Meadows; Wed, Fawcett School.

Scouts (age 10.5-14) Thu, Fawcett School. All term-time only. More info or to volunteer email

gsl@1sttrumpingtonscouts.org.uk

Trumpington Allotment Society

We manage Foster Road allotments: www.trumpingtonallotments.org





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