

**SUNDAY 3 AUGUST, TRINITY 7**

**8.30am BCP Holy Communion**  
**10am Experience & Explore**

We welcome The Revd Anne Strauss, Chaplain of Trinity College, who will be leading our services

**COLLECT**

Generous God,  
You give us gifts and make them grow:  
though our faith is small as mustard seed,  
make it grow to your glory  
and the flourishing of your kingdom;  
through Jesus Christ our Lord.

**READINGS** *(in pew bibles)*

**NT Colossians 3. 1-11 (p. 216)**  
**NT Luke 12. 13-21 (p. 79)**

**NEXT WEEK: SUNDAY 10 AUGUST, TRINITY 8**

**8.30am BCP Holy Communion**  
**10am Holy Communion**

We welcome The Revd Rachel Rosborough who will be leading our services.

**CONTACTS**

The church is now in Vacancy, please refer any queries to the Churchwardens and, during office hours, to Emma.

Churchwardens:  
Edmund Brookes 01223 840374  
[edmundbrookes@outlook.com](mailto:edmundbrookes@outlook.com)  
Sheila Betts 07889 706625  
[warden@trumpington.church](mailto:warden@trumpington.church)

**CHURCH OFFICE – OPENING TIMES**

9am-1pm Monday, Tuesday, Wednesday and Friday  
Emma's email address is: [admin@trumpington.church](mailto:admin@trumpington.church)

Organist – Geoff Symon [organist@trumpington.church](mailto:organist@trumpington.church)  
Choir Leader – Alan Howard [choir@trumpington.church](mailto:choir@trumpington.church)  
Parish Safeguarding Officer – Sheila Betts 07889 706625  
[safeguarding@trumpington.church](mailto:safeguarding@trumpington.church)

**CHURCH WEBSITE** [www.trumpington.church](http://www.trumpington.church)

*If you want to put a note in the pewsheet, please contact Emma in the office, no later than 9am Wednesday if the note is intended for the forthcoming Sunday. Thank you.*

**NOTICES**

**“In the power of the Spirit and in union with Christ,  
let us pray to the Father”**

**COULD YOU LEAD INTERCESSIONS ON SUNDAYS?  
FIND OUT MORE ON SUNDAY 7 SEPTEMBER 11.30AM**

In the intercessions we the congregation use our voices to offer the whole world to God in prayer. It is enriching for us and our prayers to have different people doing this. Those who do it find it is a wonderful way to draw close to God and to serve others. Some people write their own and others lead with pre-prepared words. Ask yourself: might I be called to minister in this way?

Join Sarah Atkins and Stephen Reynolds to find out more, without committing, at an information session to see how simple and enlivening it might be to get involved on an occasional basis. All welcome of any age.

**GIVING**

If you would like to make a donation in support of the life and ministry of our church, you can:

- Leave a cash donation in the plate provided
- Make a contactless donation using the GoodBox
- Use a yellow envelope. If you pay tax we can claim the Gift Aid, but only if you fill out your details.
- Please speak to Edmund about making a regular electronic gift and the best way to do this.

*Everything helps – thank you!*

**GET INVOLVED!**

Three subgroups have been organised to address three initiatives that the church is keen to support:

**Churchyard:** our churchyard requires a dedicated group of individuals to assist in enhancing accessibility, promoting wildlife conservation, ensuring safety, and cultivating a welcoming and peaceful environment for all.

**Eco Church** helps churches care for God's creation through worship, buildings, land, lifestyle, and community action, with award recognition. We have already made a start, so come and join us and see what we can achieve in our journey with Eco Church.

**Accessibility:** A dedicated group is needed to assess, plan, and initiate changes that ensure our church is truly accessible, welcoming, and inclusive for everyone.

*Please contact Stephen Reynolds if you want to get involved: [stephen@reynoldsfamily.co.uk](mailto:stephen@reynoldsfamily.co.uk)*

**Please Note: There will be an Accessibility Meeting on Thursday 28 August 7pm-8pm in the Bakehouse. All welcome.**

**BOOK GROUP**

The Book Group is reading ***Crooked Cross*** by Sally Carson to discuss at the next meeting on Thursday 11 September.

The book 'describes, through the eyes of one ordinary family, the Nazis' growth in power between December 1932 and August 1933. It is extraordinarily prescient, anticipating all the horrors they were about to inflict on the world, and in this respect, it joins a small group of novels, ...written to try to alert the world to what was happening.' All welcome - no invitation needed! For more information, please email [bookgroup@trumpington.church](mailto:bookgroup@trumpington.church)

**BIBLE STUDY**

Please contact one of the Churchwardens if you would like to join a group (Tuesday evening online or Wednesday evening in person) and they will put you in touch with the group leader.

# Connecting faith and daily life

## It takes courage

Heather Smith *reflects on* Colossians 3:1-11 and Luke 12:13-21

**W**hat holds you back? The most likely answer is fear – fear of failure, or fear of what other people think, perhaps. In both cases, the emotion is the same.

The rich man in the reading from Luke wants to store up plenty so he can relax and enjoy life. Perhaps that doesn't sound much like fear, but if pressed he might admit that deep down he thinks that if he doesn't hoard, he could end up in need. What looks like greed and self-centredness is actually deep-seated fear. Jesus points out his foolishness. We can never know how long we have left on earth and we might just find that all the work we do to try to alleviate our fears is wasted.

A better way is to change our focus. Instead of working feverishly to find "security", which only fuels fear, we should work to become spiritually rich. As Paul suggests, we should seek those things that are above. "But that takes courage," you might object, "that I don't have." But notice that Paul doesn't say, "Work on your courage." When people find that fear prevents them from doing something they really want or need to do, psychologists sometimes suggest that they act as if they are courageous. And to our surprise we discover that we are! If we behave as courageous people, one action at a time, our lives will be infinitely richer as we find the path God intends for us. 😊



**Eternal God, teach us how to think like you, leaving fear behind and focusing on the exciting opportunities that life offers to further your kingdom. Amen.**

## Faith hacks

### *The transfiguration, part 1*

by Alan Jefferies

*The transfiguration (Matthew 17:1-9) is celebrated on Wednesday. In the first of a series of occasional "faith hacks", Alan Jefferies considers a fresh angle.*

First, read Matthew's account of the transfiguration. Read it slowly and let the story sink in. Next, take a short while to meditate on it and how it makes you feel about your faith. Be really, deeply honest with yourself. Do you lack transfiguration moments in your life and in your faith? Do you feel uplifted after reading this story, or inadequate?

What the disciples witnessed on the top of that mountain is certainly not the stuff of everyday life. So what can you learn from the transfiguration when you're not on top of a mountain, nor in the company of Jesus and great figures from Christian history? What can this story teach us when we're among the pots and pans of daily life? Or on those overcast, grey days when nothing appears bright, let alone dazzling?

Next week I'll introduce you to what I call a "micro-practice", designed to bring back the dazzle into the everyday. 😊

## Make the most of the summer

### *We are not our work*

by Heather Smith

A study by Harvard Business School found that ninety-four per cent of a thousand professionals surveyed work at least fifty hours per week. This didn't include the time they spent monitoring their emails on a work smartphone.

Taking a holiday when work has taken over our lives can seem impossible. Even if we go away, the laptop and smartphone go with us, and we obsessively monitor them, making relaxation

a distant hope. Perhaps you don't live in this frenetic world, but even so something else might be preventing you from enjoying a complete rest.

There are many ways of being busy and they can make us feel worthwhile and important. It's vital to remember that to God, we are not our work. Instead we are beloved children of God, however we earn our living or fill our time. For the remainder of the summer, find ways of allowing yourself to rest in this knowledge. 😊

“**For in the transfiguration, we see the glory of Christ's body; and that glory shall be ours too. He hath taken our nature that we might partake of his.**”

John Donne (1572-1631), English poet, scholar and cleric